It is not known when this document was given to Jesus College, or by whom, but it made its way to the Library, where at some point it was catalogued as MS 162.

Catalogued in January 2020.

A small notebook (14 fols), given a modern paper binding, written in Latin. Its author describes how on 28 October 1661, when he was 50 years old, he was suddenly seized by a painful and incapacitating illness (described by him as “lumbago”), and the book records his attempts to make himself better, and describes in great detail of the remedies which he tried out. He only seems to have recovered fully in May 1662, having been bedridden for most of the previous few months.

The author of this book does not identify himself: presumably he was a Fellow or former undergraduate of Jesus College. There are two comments added in another hand by a “T.C.”, who appears to have given him some medical advice.